

<b>TRACK</b>	<b>PAGE</b>	<b>TRACK</b>	<b>PAGE</b>
1. Tuning	4	31. "Aloha Oe" - D Major Scale	48
2. Basic Strum. 4/4 Time	5	32. "Aloha Oe" - A Major Scale	48
3. Basic Strum, Variation 1	5	33. "Buffalo Gals"	51
4. Basic Strum, Variation 2		34. "Buffalo Gals" - ad-lib Solo	52
5. Waltz Strum, ¾ Time	5	35. "In the Good Old Summertime"	53
6. Picking Patterns		36. "Oh, My Darling Clementine"	54
7. "Sloop John B."	7	37. "Oh, My Darling Clementine - Solo	54
8. "When the Saints Go Marching In"	7	38. "Avalon"	55
9. "Amazing Grace"	7	39. "Moonlight Bay"	56
10. "Gambler's Blues"	8	40. "Raggy Blues"	58
11. "Sloop John B." - Backup	28	41. fl-VI-fl-V-1 Sequence	60
12. "Wabash Cannonball"	29	42. I-vi-ii-V7 Progression	60
13. "Meadowlands"	29	43. VII-111-VI-11-V-1 Progression	61
14. "Betty and Dupree"	30	44. Standard Eight-Bar Ending	61
15. I-IV-V-IV Rock Progression	32	45. "I Used to Love You (But It's All Over)"	62
16. "The Midnight Special"	33	46. "For Me and My Gal"	63
17. "Streets of Laredo"	34	47. ii-V-I and vi-ii-V-I Progressions	64
18. "Hesitation Blues"	35	48. First Blues Box Licks	66
19. "Oh Mary, Don't You Weep"	36	49. Second Blues Box Licks	66
20. "Hesitation Blues" - with 7ths and 9ths	37	50. Third Blues Box Licks	67
21. Chord-Based Licks	40	51. "Some Other Route"	67
22. "Little Brown Jug"	41	52. "Garage Band Rock"	68
23. "Little Brown Jug" - ad-lib	41	53. "Garage Band Rock" - in G	68
24. "Aura Lee"	42	54. "On the Beach at Waikiki"	69
25. "Hesitation Blues" - Chord-Melody	42	55. "The World is Waiting for the Sunrise"	70
26. "Aloha Oe" - Basic Melody	46	56. Practice Track #1: "Frankie and Johnny"	73
27. "Aloha Oe" - Bb Major Scale	46	57. Practice Track #2: "Down by the Riverside"	73
28. "Aloha Oe" - F Major Scale	46	58. Practice Track #3: "Runnin' Wild"	74
29. "Aloha Oe" - C Major Scale	47	59. Practice Track #4: "Take Me Out to the Ballgame"	74
30. "Aloha Oe" - G Major Scale	47		